

Rules for skin care after the original **GREEN PEEL® Herbal Peeling Classic**

Do's

- Refresh your skin by applying **Herbal Care Lotion** with a cotton pad.
- Mix **Special Care Cream** or **Special Regulating Cream** in a 1:1 ratio with **Blemish Balm** (Light, Classic or Honey) and apply mornings and evenings, if desired again during the day.
- Drink a lot of water or purifying herbal teas.
- Treat yourself with a lot of fresh air, exercise, healthy food, relaxation and many positive thoughts.
- Use the **GREEN PEEL® Herbal Active** or **derma.cosmetics** ampoules during the next six days after the Beauty Finish Treatment. (Apply under your skin care product).
- Protect your skin against UV radiation with **Optimum Protection Cream** (SPF 20).

On the 5th day after the herbal peeling treatment, it is time for the Beauty Finish Treatment. This treatment is very important for your "new skin" and is also pleasantly relaxing for your soul.

Dont's

- Until the Beauty Finish Treatment on the 5th day, don't allow any water on your skin.
- Avoid excessive sweating.
- You should never give your skin any peeling treatment during the next four weeks.
- During the next 6-8 weeks, avoid direct sunlight and do not go to the solarium
- Until the Beauty Finish Treatment on the 5th day, don't use any make-up or powder. Rather apply Blemish Balm (Light, Classic or Honey).
- For all men: Until the Beauty Finish Treatment on the 5th day, shave only with an electric razor.



The power of natural beauty.